Chabad
Keeping The Flame Alive

Chabad Center of Northwest New Jersey

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One Torah Way | Rockaway, NJ 07866 ☎ 973-625-1525 973-983-1129 www.OneTorahWay.org

Weekly News Bulletin

Shabbat Mevarchim Tammuz, Parshat Shelach

June 5, 2010 / 23 Sivan, 5770

This Week's Classes & Events

Daily

Chumash with Rashi

Join us after morning services and delve into the daily dose of the weekly Torah portion with the classical commentary of Rashi.

Instructor: *Rabbi Asher Herson | at the Chabad Educational Center - 65 Pawnee Ave.*

Shabbat 9 AM

Davening Warmup

Prepare your mind and Soul for a more meaningful service, through the study of a Chassidic Discourse.

Instructor: *Rabbi Asher Herson | at the Chabad Center - One Torah Way*

Monday 8:30 PM

Torah Studies - *A weekly Journey into the Soul of the Weekly Torah Portion*

Cultivating Sensitivity: *Bamidbar 5770*

Portion: Korach - ***Faithful Stewards***

Is dominance over nature necessarily a bad thing? Where would we be if we could not dominate it? What if we were never able to turn a wild jungle into fi elds and gardens? What if we could not make the desert bloom, or subdue carnivorous beasts? Our dominance over nature, built into our very psyches, can and has been channeled in very positive and holy ways. But what are the limits of dominance, and most urgently, what is the relationship between dominance and responsibility? Just because you are capable of dominating something, does that give you the right to do whatever you want to it? Do animals have rights? What about vegetables and minerals? What are your responsibilities, if any, to your string beans? This is actually a very serious, important question that goes to the heart of HaShem's purpose for Man and nature alike.

In today's class we'll be exploring dominance, from its holy and unholy aspects, by seeing how Korach's rebellion against the concept of a hereditary priesthood of which he was not a part, was all about different interpretations of dominance, responsibilities and rights. We'll see why the main purpose of our being granted dominance over every other species is so that we should be faithful stewards and caretakers over every aspect of life and nature. This type of dominance should most certainly positively affect our approach to ecology and environment.

Instructor: *Rabbi Asher Herson | at the Chabad Educational Center - 65 Pawnee Ave.*

Tuesday 5:15 PM

Talmud Class

Tractate Sukkah

Chapter 3 - ***The Four Species***

Join us as we delve into the Talmudic analysis of the various requirements of the Four Species which we are commanded to use on Sukkot.

Instructor: *Rabbi Mordechai Baumgarten | at the Chabad Educational Center - 65 Pawnee Ave.*

Tuesday 8 PM

JLI CLASS IS BEING HELD ON TUESDAY *(not Wednesday)* THIS WEEK

Beyond Never Again: *How The Holocaust Speaks to Us Today*

Lesson VI: When Night Will Shine Like Day

Ensuring a Brighter Tomorrow

When examining human behavior in light of the Holocaust, we are presented with a number of paradoxes. The most culturally and scientifically advanced society on earth used their sophistication to create the most efficient genocidal machine the world has ever known. And many of the righteous gentiles who sacrificed their own safety and well-being were poor, uneducated, and provincial in their world-view. What can we expect of humanity after the Holocaust? Can we prevent human progress from falling prey to moral bankruptcy? How can we retain faith in the future of the universe—and what we can we do to ensure a brighter tomorrow?

Instructor: *Rabbi Mordechai Baumgarten | at the Chabad Educational Center - 65 Pawnee Ave.*

Women's Circle Event

Please join us for a fascinating evening with a Healthy and Hearty Dinner, featuring a special presentation:

"Experiential Exploration of How to Eat Smart for Your Heart"

Our very own Judith Gisser will clarify and simplify what we know today about the Top 10 foods and practices that keep our heart and body functioning at its best. This will be a light hearted and fun evening filled with potentially life saving information.

Motivated by various family members with hypertension, diabetes, obesity, stroke and death by heart attack, Judith went back to school at 50 to get a Masters Degree in Human Nutrition and is a Board Certified Nutrition Specialist and Certified Wellness Coach. She is the co-founder of Lifestyles of the Healthy Heart, LLC www.lifestylesofthehealthyheart.org

Tuesday Evening, July 6
7 pm
At the Chabad Center Social Hall
One Torah Way | Rockaway, NJ 07866

Reservations Required No Later Then July 1
Admission: $15
$10 for payment received before July 1.
Please mail the payment to 58 Cherokee Ave. Rockaway, NJ 07866

For further information, please call:
Devori - 973-586-5211, or Sarah - 973-625-2119 | Email: moandevo@verizon.net

Special Gathering for Susan...

Our friend Susan Solomon will be starting chemotherapy on June 9th. To give her additional strength as she begins her course of treatment, I am hosting a ladies Amen and Tehillim gathering, this coming Shabbos - June 6, 6:00pm at my home: 117 White Meadow Road, Rockaway.

We will be saying some of the Tehillim that are traditionally said for a refuah shelama - a speedy recovery. In addition, we are also incorporating an "Amen" component to the evening. It works as follows: Every time we answer Amen to a berachah, it opens the gates of heaven and allows abundant blessings to come down into the world. So, were going to be making lots of berachahs over different foods, answering "Amen" and bringing down all kinds of blessings, for Susan and for others. Please bring (or have in mind) names of people you know who are in need of any kind of blessing - you will be able to say them aloud or keep them to yourself as you prefer. If possible, use the Hebrew name & mother's Hebrew name - you can drop them off here in advance if you like.

I look forward to seeing as many of you as possible on Saturday. What better way could we show support for Susan than by gathering to say prayers in her honor?

Service Schedule

Friday, June 4 / 22 Sivan
Shabbat Services - 6:30 pm
Candle Lighting - 7:00 pm
Summer schedule in effect.

Shabbat, June 5 / 23 Sivan
Morning Services - 9:30 am
Mincha - 7:55 pm
(Pirkei Avot - chapter 3)
Shabbat Ends - 9:15 pm

Sunday, June 6 / 24 Sivan
Shacharit - 8:00 am
Mincha & Ma'ariv - 8:15 pm

Monday, June 7 / 25 Sivan
Shacharit - 8:00 am
Mincha & Ma'ariv - 8:15 pm

Tuesday, June 8 / 26 Sivan
Shacharit - 6:25 am
Mincha & Ma'ariv - 8:15 pm

Wednesday, June 9 / 27 Sivan
Shacharit - 6:25 am
Mincha & Ma'ariv - 8:15 pm

Thursday, June 10 / 28 Sivan
Shacharit - 6:15 am
Mincha & Ma'ariv - 8:15 pm

Friday, June 11 / 29 Sivan
Shacharit - 6:25 am
Shabbat Services - 6:30 pm
Candle Lighting - 7:00 pm

Shabbat services are held at the **Chabad Center.**
Weekday services are held at the **Chabad Educational Center.**

Halachik Times

Alot Hashachar (Dawn) - 3:40 AM
Earliest Tallit, Tefillin & Shema - 4:19 AM
Latest Shema, Before - 9:10 AM
Chatzot (Midday) - 12:57 PM
Earliest Mincha - 1:35 PM
Plag HaMincha - 6:51 PM
Shkiah (Sunset) - 8:26 PM
Tzeit (Nightfall) - Evening Shema - 9:11 PM

Kiddush Sponsorship This Week:

Strauzer Family

in honor of **Stuart's Aufruf** and in honor of his upcoming marriage to **Loryn**

Happy Birthday...

Robin Kwestel, Marlene Diamond, Mitch Lefkofsky & Susan Solomon.

Yahrtzeit Observences of...

Maya Freidlin, *Semion's wife*
Missy Brazer, *Lenny's wife*
Samuel Riemer, *Judy Gisser's father*
David Kirschenbaum, *Richard's father*
Melvin Speizer, *Lenny's brother*

Community Shabbaton

with Guest Speaker:

Rabbi Dov Greenberg

Friday, July 9 - Shabbat Dinner
Shabbat, July 10 - Luncheon
Shabbat, July 10 - Seudat Shlishit

Rabbi Dov Greenberg *is the executive director of the Rohr Chabad House, a Jewish Student Center at Stanford University. He is a sought after communicator of Jewish thought and spirituality, who has lectured throughout the United States, Israel, Europe & Canada. His essays on contemporary issues appear with regularity in newspapers and are read by many on the internet. Rabbi Greenberg is one of the "online rabbis" of the international askmoses.com He lives with his wife, Rachel, and four children in Palo Alto, California.*